



Chlöe's Friend Den a Recreational Respite program

Make the fun as unique as your Child!



1. My Brain
2. Super You
3. Capturing Kindness
4. Making Choices
5. Muscles and Me
6. Storytelling Yoga
7. Art and Mixed Media
8. STEM Lego

Program outline details: <http://recrespite.com/chloesprograms/>

Our 10 week recreation program for kids ages 7-10 is a safe, inclusive and fun way for your child to explore new interests. It's also a great opportunity to develop coping strategies, self-regulation tools, anti-bullying strategies and make new friends with the help of our skilled team.

No Limits Youth Organization

100 Station St. Belleville, ON K8N 2S5

Date: Friday(s): October 4, 11, 18, 25 November 1, 8, 15, 22, 29 December 6

Time: 5:30 - 7:00pm

Cost: \$150.00 +HST for all 10 programs

Contact us today for registration or more information:

1-877-855-7070 or info@recrespite.com

www.recrespite.com

