



## Sweet and Social Conversations

Age 16+

Join our unique ‘sweets and conversations’ group as we work on socially appropriate conversations, strategies of engagement for real life situations.

Topics of conversation will be driven around the areas of: *future careers and goals, hobbies, families and friends, life choices, dealing with money and conflict resolution.*

Our Recreation Therapist will initiate and facilitate the conversations all while engaging in the joys of baking and preparing healthy snacks and beverages for one another.

All of our programs are run by an educated and skilled Recreation Therapist.

### Various Locations, ON

Dates Vary

Cost \$25.00 per session (6 -8 week sessions)

\*includes snack prepared\*

Recreational Respite [www.recrespita.com](http://www.recrespita.com)

Registration Only 1-877-855-7070 or [recreative@recrespita.com](mailto:recreative@recrespita.com)