

AMY MACFARLANE

Founder and CEO

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RecreACTIVE

Therapeutic Recreation Programs



Lifestyle Recreation Ages 14-16

This group identifies the importance of talking about and putting into practice, making choices.

Participants will discuss and engage in activities revolving around making choices in life and be able to identify the best choice of action in given circumstance and identify some positive and negative consequences of their choices.

The activities involved include: *arts and mixed media, sports and movement, science, yoga and wellness, health and lifestyle choices, snack preparation, life skill math, music, and literacy learning activities.*

Topics will include: *breaking the law, alcohol and drugs, sexual health, personal safety, finances, and healthy eating.*

This program is run by our skilled Recreation Therapist(s) and is an integrated program that promotes inclusion for all participants of all needs, interests and abilities.

Children's Treatment Network

R. L. Graham Public School Room 103
70 Biscayne Blvd. (Entrance at Back of School)

Keswick, Ontario

5:30pm - 7:00pm

Tuesdays: September 27, Oct 4, 11, 18, 25, Nov 1, 8, 15

Cost \$215.00 (for all 8 sessions)

Includes snacks prepared

Registration only 1-877-855-7070 or recreactive@recrepspta.com

Visit us for more information: www.recrepspta.com

Space is Limited!