



Alzheimer Society
of
HAMILTON and HALTON



presents...

RecreACTIVE



Have you recently been diagnosed with memory loss?

What is ReCreACTIVE?

Our programs have been designed to create a 'leisure and learn' opportunity in a small group setting where individuals with early stage memory loss can come together. Recreation staff have the ability to introduce various programs that offer the opportunity for new interest development, increased abilities and continued community engagement.



Program Schedule: Monday's

March 5, 2012 Fine Arts; Water colors for Everyone

March 19, 2012 Journal Writing 1

April 2, 2012 Journal Writing 2

April 16, 2012 Digital Camera Basics

May 7, 2012 Literary Lovers

May 14, 2012 Wellness Workshops/Community Resources



Alzheimer Society of Hamilton and Halton proudly partners with

Recreational Respite to provide these programs. All programs will be held at:

2345 Wycroft Road, Oakville, ON L6L 5L7

For more information and to register, please contact the Alzheimer Society of Hamilton and Halton directly at 289-837-2310

Please feel free to bring someone with you!

Cost \$10.00 per person, per session.

www.recreactive.com