

Amy MacFarlane
Founder and CEO, Recreational Respite
December 2012

Dear Amy;

As 2012 comes to a close; I wanted to thank you for providing services to residents in my designated LTC homes.

Prada is kind; knowledgeable; has a great sense of humour and provides the 1:1; person centered care to this one male client in particular. You and your staff's professionalism have provided the gentleman with a "purpose"; reconnecting him to life; as he struggled with transitioning from community into LTC.

I have met with Prada; and learned of some of the effective strategies; incorporating the gentleman's personal interests and personality traits into everyday care. In my new role as PRC; I then met with the PSW's and Registered staff to further enhance their approaches to care with this gentleman.

RECREATIONAL RESPITE can definitely be used as part of the Team approach to care.

Amy, you and I have known each other for about 4 years. We first met when I was a Public Education Coordinator with Alzheimer Society Peel. At that time you helped people out in the community; in their own homes. RECREATIONAL RESPITE; proved to be a great alternative to those people; where the DAY PROGRAM was not a viable option for them (they refused to leave their home).

Your service also provides a creative venue to provide "Caregiver Respite". I will always remember as how your "Recreational" staff member provided activities / supervision to the person with dementia; at her "wakeful time" about 5:00 AM; allowing the senior caregiver to get much needed sleep. Talk about "person centered" care!

I understand the WILLIAM OSLER HEALTH SERVICES; GERIATRIC OUTREACH PROGRAM;(includes a Physiotherapist; Occupational Therapist; Resource nurse; Social Worker and Pharmacist; sourced from Brampton Civic Hospital has also referred your service to clients out in the community; as need arises.

Thanks again Amy for your excellent; prompt; and caring service. I will continue to suggest your personalized service to clients who may benefit from your service.

I wish you well in 2013; as you expand RECREATIONAL RESPITE's territory.

Kindest Regards

Cheryl Graham RN
PRC Central West LHIN
William Osler Health System; Brampton Civic Hospital