



RecreACTIVE: Connect 2 Healthy Living Program and Recreational Respite.

It is with great pleasure that I write this testimonial for Recreational Respite.

Recreational Respite created a 10-week program with [Connect Learning Centre](#)

that promoted healthy living. Their staff was accommodating to our clients and

made the right modifications in order to suit our clients' needs. Petra and Amy

established a great rapport with our clients and were extremely professional.

They designed an exercise and wellness program that has visibly made an impact

on the lives of our clients.

Working with adults who have disabilities can be challenging, each client has their own needs and abilities. Petra was fantastic at modifying the exercises in order for them to have an inclusive experience. We would highly recommend Recreational Respite, their professionalism as well as their knowledge about individuals with disabilities has been a wonderful addition to our program.

Thank you,

Melanie Taddeo

Director/Founder